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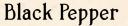
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BOOK OF AROMAGIC







Parts Used: Dried fruits
Powers: Courage, protection

Aromagical Uses: Peppercorns should be crushed with a mortar and pestle, and the powder may be carried in your

pocket for courage.

Bluebells

Parts Used: Fresh flowers

Powers: Happiness, truth, luck

Aromagical Uses: If gathered before a rainstorm, bluebells

will bring happiness to whoever carries them.

Calendula

Parts Used: Fresh flowers

Powers: Fidelity, peace, harmony

Aromagical Uses: Calendula petals may be mixed into a

charm to strengthen relationships.

Cardamom

Parts Used: Dried seeds

Powers: Purification, healing, self-control

Aromagical Uses: Sprinkle cardamom seeds underneath

rugs to rid a house of negative energy.



Carnation

Parts Used: Fresh flowers

Powers: Healing, mental strength

Aromagical Uses: The scent of these flowers will alleviate

depression and heal the heart from sadness.

Cinnamon

Parts Used: Dried inner bark

Powers: Success, wealth, prosperity

Aromagical Uses: When sprinkled inside your wallet or

piggy bank, cinnamon attracts money.

Clove

Parts Used: Unopened buds

Powers: Protection, healing, courage

Aromagical Uses: Smelling freshly crushed cloves daily will

provide protection from those who wish to harm you.

Daffodil

Parts Used: Fresh flowers

Powers: Psychic awareness, meditation

Aromagical Uses: If you cut a daffodil at sunset, the faint scent will amplify your inner voice and allow you to

discover important truths.

Eucalyptus

Parts Used: Fresh leaves and seeds

Powers: Health, healing

Aromagical Uses: Hang eucalyptus leaves over a sickbed to

relieve cold symptoms.

Freesia

Parts Used: Fresh flowers

Powers: Mental energy, memory

Aromagical Uses: Freesia can revive your memory and help

with locating a lost object.

Geranium

Parts Used: Fresh leaves

Powers: Safety, energy, peace

Aromagical Uses: Twisting a fresh leaf to release the geranium scent will spread positive magical energy and

provide a defense against dark magic.

Honeysuckle

Parts Used: Fresh flowers

Powers: Friendship, reconciliation, success

Aromagical Uses: Flowering strands of honeysuckle may

be placed on a windowsill to draw a friend home.

Hyacinth

Parts Used: Fresh flowers

Powers: Hope, protection, happiness

Aromagical Uses: Hyacinth may be mixed into a charm to

rebuild trust with those who doubt you.

.Jasmine

Parts Used: Fresh flowers

Powers: Love, sleep

Aromagical Uses: When placed beneath your pillow, jasmine can induce sleep and cause you to dream of your true love.

Lemon Balm

Parts Used: Fresh leaves Powers: Purification, peace

Aromagical Uses: Inhaling the fresh scent of lemon balm leaves each morning has a cleansing effect on the mind and

will bring a feeling of peacefulness.

Lily of the Valley

Parts Used: Fresh flowers

Powers: Love, friendship, devotion

Aromagical Uses: Lily of the valley may be given to a

friend to ensure loyalty and devotion.

Magnolia

Parts Used: Fresh flowers Powers: Wishes, success

Aromagical Uses: To make a wish come true, drop three magnolia petals into running water while whispering the

wish into the air.

Mimosa

Parts Used: Fresh flowers

Powers: Love, purification, healing

Aromagical Uses: Sprinkle mimosa flowers in a circle for

purification before breaking a curse.

Orange

Parts Used: Zest from the orange peel **Powers:** Joy, physical energy, strength

Aromagical Uses: Place a little orange zest inside your

shoes to increase strength and energy.

Pansy

Parts Used: Fresh flowers

Powers: Courage, mental clarity

Aromagical Uses: Inhaling the scent of pansies beneath a full moon will give you the courage to make changes in

your life.

Plumeria

Parts Used: Fresh flowers Powers: Peace, love, healing

Aromagical Uses: Plumeria is most powerful when plucked at night and can be mixed into charms to alleviate family discord.

Rose

Parts Used: Fresh flowers

Powers: Love, friendship, happiness

Aromagical Uses: When rose petals are carried close to

your heart, they will attract love and friendship.

Rosemary

Parts Used: Dried or fresh leaves

Powers: Memory, longevity

Aromagical Uses: Plant rosemary beside a house to

strengthen the memories of those within. The fresh leaves can also be sniffed when studying to assist with memorization.

Saffron

Parts Used: Dried stigmas Powers: Success, strength

Aromagical Uses: Saffron can bring success in difficult

endeavors.

Sage

Parts Used: Dried or fresh leaves

Powers: Wisdom, strength

Aromagical Uses: Sage leaves promote wisdom. Steep fresh leaves in hot water to brew a tea that will increase mental clarity.

Sandalwood

Parts Used: Wood

Powers: Meditation, intuition, wisdom

Aromagical Uses: If you write a question on a chip of sandalwood and bury it in your backyard, the answer will

soon materialize.

Spearmint

Parts Used: Fresh leaves

Powers: Healing, protection, money

Aromagical Uses: Scatter sprigs of spearmint on your

street to improve your reputation.

Sunflower

Parts Used: Fresh flowers and stems Powers: Luck, protection, wishes

Aromagical Uses: The tallest sunflower in the garden will harness positive energy and bestow luck when added to a

charm.

Sweet Pea

Parts Used: Fresh flowers

Powers: Friendship, strength, love

Aromagical Uses: Mix sweet pea with morning dew to

banish negative energy and end gossip.

Thyme

Parts Used: Fresh leaves

Powers: Protection, travel, health

Aromagical Uses: Thyme leaves may be carried when

traveling to ensure a safe journey.

Yarrow

Parts Used: Fresh or dried flowers

Powers: Courage, physical energy, protection

Aromagical Uses: When dried yarrow is hung over the

front door, it will banish evil from your home.



Friendship Charm

Intended to strengthen your existing friendships. Be sure to ask permission from your friend before using the charm.

Ingredients: Sweet pea, lily of the valley, hyacinth **Directions:**

- At dawn, combine one sprig of sweet pea, five lily of the valley flowers, and three hyacinth flowers in two cups of cool water.
- Stare intently into the charm and think of all the reasons you like your friend.
- Let the ingredients soak all day in the sunshine.
- Remove and discard the flowers at sunset.
- Smell the charm at the same time as your friend for optimal results.

Prosperity Charm

Intended to improve your finances and attract good fortune.

Ingredients: Cinnamon, mint, honeysuckle Directions:

- Combine a teaspoon of cinnamon, two mint leaves, and four honeysuckle flowers in one cup of warm water.
- Allow the ingredients to soak for one hour.
- Stare intently into the charm and picture yourself finding an unexpected treasure.

 Sniff the charm for only ten seconds and discard immediately afterward. If prosperity charms are overused, they can produce unintended and unpleasant consequences.

Healing Charm

Intended to help alleviate the symptoms of a cold.

Ingredients: Eucalyptus, clove, carnation **Directions:**

- Combine five eucalyptus leaves, a pinch of clove, and two carnation petals in one cup of hot water.
- Let the mixture soak for ten minutes until the water cools.
- Stare intently into the charm and imagine yourself feeling better.
- Inhale the scent of the charm each night before bed while symptoms persist.

Purification Charm

Intended to rid your house of negative energy after an argument.

Ingredients: Cardamom, lemon balm, mimosa Directions:

- Light two white candles.
- Combine one mimosa flower, a quarter teaspoon of cardamom seeds, and three lemon balm leaves in one cup of warm water.
- Stare intently into the charm and imagine yourself in the place where you feel most happy.
- Place the charm in the center of the room where the argument occurred and allow the aroma to waft through the space for at least one hour.

Finder Charm

Intended to help you find a lost object.

Ingredients: Freesia, saffron, orange zest **Directions:**

- Combine three freesia flowers, a pinch of saffron, and the zest of one orange in half a cup of cool water.
- Blow gently on the water until it ripples.
- Stare intently into the charm and picture the object you've lost.
- Carry the charm to the probable location of the lost object. The charm's scent will intensify as you get closer to the lost object.

Love Charm

Intended to help bring more love into your life. Note: This will not make someone specific fall in love with you.

Ingredients: Jasmine, rose, daffodil Directions:

- Light three red candles in a darkened room.
- Combine four jasmine flowers, three rose petals, and one daffodil flower in two cups of cool water on a table.
- · Walk around the table three times.
- Stare intently into the charm and think of the people you love most in the world.
- Breathe in deeply before discarding the flowers.

Protection Charm

Intended to protect you from those who tease or ridicule you.

Ingredients: Rosemary, sunflower, geranium **Directions:**

- At dusk, combine a sprig of rosemary, two sunflower petals, and six geranium leaves in a cup of roomtemperature water.
- Spread a ring of salt around the cup.
- Open your eyes and stare intently into the charm. Think of the person you seek protection from.
- Inhale the scent of the charm each morning.

Luck Charm

Intended to ensure a day of good luck. Good luck is attracted to positive actions. Therefore, your charm is more likely to be successful if you've performed a kind act for someone else.

Ingredients: Black pepper, thyme, bluebells Directions:

- Light a yellow candle.
- At sunset, combine half a teaspoon of black pepper, two thyme leaves, and three bluebell flowers in half a cup of water.
- Stare intently into the charm and picture the kindest thing you've done for someone else in the past week.
- Breathe in the charm with the assurance that good luck is headed your way.

